

## **AAFE Dermal Filler Level I Course Info-California**

### **Please read this important information carefully**

**This is very important information regarding the American Academy of Facial Esthetics Level I Hands-On Dermal Filler Training course.**

We need some important information before you attend the course.

**Please fill out the Reservation Form provided at the bottom of this document and submit along with a copy of your current state practicing license and the declarations/ cover page of your malpractice insurance.**

Please fax or email these items to our office at:

**Fax: 216-395-0110 or 216-672-5230      Email: [Info@FacialEsthetics.org](mailto:Info@FacialEsthetics.org)**

\*\*\*If you have any questions about the course, please contact us by calling 800-952-0521 Ext. 6 or via email.

### **Here is the agenda for the Dermal Filler Level I:**

Course Intro                      1:00 PM                      **Please be prompt**

Live Patient Session            1:30 AM – 5:00 PM

\*Patients will not be allowed to enter the room until 1:30 PM.

### **Team Members**

We still have availability for you to bring additional staff members with you to the course. **In order to attend as a team member, your team members must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified through the state boards and full tuition will be charged if this policy is not carried out.**

**AAFE Members - your first team member is FREE.** All other team members' admission cost is \$395 per person, per session. Payment is required even if the team member sitting in on the course is your patient. Please let us know as soon as possible if you plan to bring any additional team members.

## **Patients**

**For the best learning experience, please bring your own patients.** You can bring up to 2 patients per session. Please let your patients know that they must be available for approximately 3-4 hours, as this is a teaching course.

Attendees are solely responsible for treatment of their patients at this course. You will treat your patient as you would in your office.

The hands-on portion of the course will be arranged in Groups A, B and C and is dependent on meeting size. Groups will be determined the morning of the meeting. Patients should arrive when the hands-on portion of the course begins or when you have a better understanding of what group you are in. If you choose not to bring a patient, you may observe the hands-on portion of the course.

## **Checklists for Dermal Filler Training Course**

**Please bring the following:**

- The patient's chart
- Please update the patient's health history and perform an appropriate dental examination
- Two sterilized dental anesthetic syringes. (Needles will be provided)
- Your preferred local anesthetic.
- Digital camera to document patient prior to injections. (Camera phones work also)
- Loupes/headlights if you use them in your practice.
- Please bring sterile mirror and explorers for dental examination
- Dermal fillers to use on patients.

## **Here are some tips for choosing a model patient for the Dermal Filler Training course:**

The facial areas that are ideal to treat with dermal fillers are the nasolabial folds (lines from the corner of the mouth to the corner of the nose), marionette lines (lines from the corner of the lips that go down the face toward the jaw line), and uplifting the corners of the lips. Lip enhancement may be done on a patient that would like to increase the fullness of their lips. Additional considerations are as followed:

- The model patient should have light to moderate folds - these are the best patients to train on.
- The model patient should be easy to anesthetize and be able to tolerate local dental anesthesia.
- The patient should be healthy, with no active skin infections, and have a clean medical history.
- Patients with neurological, autoimmune and immunological diseases are not ideal candidates, as well as people with long term systematic diseases.
- Patients, who bruise easily, because of medications or other disease processes, may not be good candidates.
- The model should not be needle phobic.
- The model patient may have some swelling and/or bruising after treatment. We recommend that the model patient not have any important life events occurring within two weeks of treatment.
- Please review and share the following list of pre-operative instructions with each of your model patients.

### **Dermal Filler Pre-Treatment Instructions:**

In an ideal situation, it is prudent to follow some simple guidelines before treatment that can make all the difference between a fair result and/or great result, by reducing some possible side effects associated with the injections. We realize this is not always possible; however, minimizing these risks is always desirable.

- Let us know if you are prone to cold sores- a pre-operative medication may help prevent cold sores after treatment.
- If you develop a cold sore, blemish, or rash, etc. prior to your appointment, you must reschedule.
- Discontinue Retin-A (2) two days before and (2) two days after treatment.
- Avoid anti-inflammatory or blood thinning medications ideally, for a period of two weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, St. John's Wart, Ibuprofen, Motrin, Advil, Aleve, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.
- Schedule appointments at least 2 weeks prior to a special event which may be occurring, i.e., wedding, vacation, etc. It is not desirable to have a very special event occurring and be bruised from an injection which could have been avoided.

## **California Guidelines**

- California dentists may use pharmacological agents such as botulinum toxin and dermal fillers only in conjunction with a bona fide dental treatment plan in accordance with Business and Professions Code section 1625 and that any cosmetic benefit from the use of such agents is incidental to the therapeutic use of those agents.
- All hands-on training involving botulinum toxin and dermal filler procedures on live models/patients must be performed in conjunction with a bona fide dental treatment plan in accordance with Business and Professions Code section 1625.
- At the course, attendees shall be required to provide written confirmation to AAFE that they have performed an appropriate dental examination and history on the model/patient and that the botulinum toxin and dermal filler procedure is part of a bona fide dental treatment plan in accordance with Business and Professions Code section 1625.
- The AAFE will have all the necessary health history, diagnosis, and treatment forms at the course in order to comply with the above requirements.
- Attendees will need to bring botulinum toxin and dermal fillers to the course for patient treatment – please see above for ordering instructions.
- Attendees must be licensed in California to treat patients.
- Every model patient must sign an informed consent prior to treatment. Consents will be provided at each course and there will be no exceptions.

**We have the right to refuse treatment to any patient.**

**If you have any questions about your patient, please email Dr. Malcmacher at [Drlouis@FacialEsthetics.org](mailto:Drlouis@FacialEsthetics.org) .**

**IMPORTANT: Cancellation Policy**

Registration is fully refundable only if course is cancelled by The American Academy of Facial Esthetics. We reserve the right to cancel a course for any reason and cannot be responsible for hotel deposits or non-refundable airline tickets or other associated fees. Hotel locations may change depending on circumstances beyond our control. No refunds for online courses. We take no responsibility regarding state medical or dental board requirements. Participants are responsible for determining whether they are able to perform these procedures at our courses and in their own practices. We are not responsible for decisions or changes made by state medical/dental board about their state practice acts prior to our courses. Registration is also fully refundable no later than 5 PM same date one month before course minus \$775 handling fee. No refunds after same date one month before the first course that you registered for. At our discretion, you may be able to change to another date and location but there will be no refund available should you cancel out of that course or fail to show up.

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**Reservation Form for AAFE Dermal Filler Level I Course Info-California**

**Please be sure to read all pre-course information prior to completing this form.**

Name as you would like it to appear on your certificate: \_\_\_\_\_

Course Dates and City Location \_\_\_\_\_

**Attending Team Members**

In order to attend as a team member, your guests must not be a nurse, a doctor of any profession, or a possible injector. All names will be verified through the state boards and full tuition will be charged if this policy is not carried out.

**Please note Team Member info only- Patients do not need to be reported.**

1. \_\_\_\_\_ Dermal Filler Level I

2. \_\_\_\_\_ Dermal Filler Level I

**\*\*We accept cash and credit cards only\*\***

**Please fax or email this form along with license and malpractice insurance.**

**FAX # 216-395-0110 or 216-672-5230**

**Email: [Melissa@FacialEsthetics.org](mailto:Melissa@FacialEsthetics.org)**